



101 Things To Do in the Valley

SEPTEMBER-OCTOBER 2021 EDITION

Subscribe
for FREE to
this list and
get it every
two months
by email!

Contact us at: 101things@travelourbackyard.com

Download this list at www.travelourbackyard.com

ALL SEASON EVENTS

NUMBER 1

Shop Local, Shop Petawawa

Connect with our Petawawa business community, see business offers, events and connect directly to the businesses social and shopping platforms. Read articles about business milestones, upcoming celebrations and see outreach messages from community organizations or services. All located in one easy website! www.shopPetawawa.ca

NUMBER 2

Work With Us!

Community Living Upper Ottawa Valley offers you the opportunity to make an impact in someone's life every day at work! WE are recruiting for Community Living Workers. If you have an interest in helping people live their best life, visit our dedicated careers website to learn more.

www.iamcommunityliving.com

NUMBER 3

Continuing Education

Do you want to get your high school diploma, pass your apprenticeship exam or improve some skills to advance your career choices? The Continuing Education department of the Renfrew County District School Board can help. Ask about our free programs.

Phone: 613-432-3156

friskem@rcdsb.on.ca

NUMBER 4

Pembroke Public Library

We have officially re-opened as of August 9th! Our hours are Monday, Tuesday and Friday (10:00am-5:00pm), Wednesday and Thursday (1:00pm-8:00pm). Stop in and see us again.

237 Victoria Street, Pembroke

www.pembroke.library.ca

NUMBER 5

Home Decor Consults

Do you have a decor challenge in your home? Looking to change a child's bedroom into an office or den? Let Runge Stationers help with an in-home consultation. We can give you some tips on how to refresh your home or make some edits to accommodate changes in your life. Drop in and see us or give us a call.

243 Pembroke St. W., Pembroke
Phone: 613-735-6827

NUMBER 6

Signs, Canvases & More

Do you need some new signage for your business? Or maybe a canvas gift? Visit us at Speedpro Pembroke for all sorts of signage and gift ideas. We offer vehicle graphics, window graphics, banners and more. Not sure what you need - we're here to help. There's plenty we can do for you at Speedpro.

Phone: 613-732-7775

www.speedpropembroke.ca

NUMBER 7

MPP Yakabuski

As your Member of Provincial Parliament (MPP), I'm here to assist you in matters concerning the provincial government. If I can be of assistance with something you need addressed, please call or drop into my office at 84 Isabella Street, Pembroke.

Phone: 613-735-6627

john.yakabuski@pc.ola.org

NUMBER 8

Barry's Bay Farmers' Market

The Barry's Bay Farmers' Market is held Fridays from 11:00am to 4:00pm until October 8th. We are located at the Royal Canadian Legion Branch 406 on the corner of Stafford Street and 250 John Street in Barry's Bay. Find us on Facebook.

NUMBER 9

Combermere Farmers' Market

The Combermere Farmers' Market happens on Saturdays from 8:00am to 11:00am until Thanksgiving. Visit us across from Hudson House, near the bridge.

NUMBER 10

Eganville Farmers' Market

Visit the Eganville Farmers' Market on Fridays from 3:00pm to 5:00pm at the Legion field ball park, 8 Foran Street in Eganville.

www.eganvillefarmersmarket.com

NUMBER 11

Killaloe Farmers' Market

The Killaloe Farmers' Market is open Saturdays from 9:00am to 1:00pm until Thanksgiving. This year, the market is located at the Lions ball field.

www.facebook.com/killaloeffarmersmarket

NUMBER 12

Ottawa Valley Jobs

Find the jobs available locally on www.ovjobs.ca. Listings are current and from real employers who are invested in promoting good jobs to the right potential candidate. Opportunities are posted daily and shared on our Facebook page. Follow us for immediate updates.

www.facebook.com/ovjobs

www.ovjobs.ca

NUMBER 13

Inclusive Housing

Community Living Upper Ottawa Valley works with landlords, home builders, apartment complex owners and leasing companies to give people with intellectual disabilities the choice on where they live. If you have housing options available for good tenants, contact Tina Williams, Executive Director. Phone: 613-735-0659 ext.104 twilliams@cluov.ca

NUMBER 14

Adult Education

Experience a successful transition to your high school diploma, employment, post-secondary, apprenticeship and independence. Free upgrading programs through Literacy Basic Skills and a variety of credit programs taught in-person (Arnprior, Renfrew, Pembroke or Petawawa), online or by correspondence. Students have the flexibility to achieve their goals at any age.

Phone: 613-735-0151 ext.3325
continuingeducation@rcdsb.on.ca

NUMBER 15

Kitchen Eatery & Catering

Follow us on Facebook to see our weekly menu options or visit us in person at 100 Crandall Street in Pembroke. Weekly specials are listed on our Facebook page at www.facebook.com/thekitcheneateryandcateringcompany.

Phone: 613-629-3287
thekitcheneatery8@gmail.com

NUMBER 16

Pembroke Golf Club

There's plenty of time to get some rounds in at the Pembroke Golf Club. Book today for 9 or 18 holes. Power carts available. Full restaurant open daily. If you're new to the game, ask us when the best times are to play.

Phone: 613-732-1665
www.pembrokegolfclub.com

NUMBER 17

Island Brae Golf Club

There's plenty of time to get some rounds in at the Island Brae Golf Club. A great 9-hole golf course just across the bridge in Quebec. Power carts available. If you're new to the game, ask us when the best time is to play. Play the Brae!

Phone: 613-732-9022
www.islandbraegolf.com

NUMBER 18**Buy A Foot. Save A Mile.**

Do you have an aviation enthusiast with a birthday coming up? Are you looking for a charitable initiative with plenty of impact in the community? Consider purchasing a foot of runway for \$250 and support the efforts to repave the runway at the Pembroke & Area Airport. Donation is 100% charitable receiptable.
Phone: 613-687-5300
info@flycyta.ca

NUMBER 19**Petawawa Container Market**

Five new artists, artisans, makers or small businesses are featured each week in five mini stores made from repurposed sea cans from which vendors showcase and sell their art, crafts and products. Open until the end of the third week in October. For a weekly list of vendors and more information call or visit our website.
Phone: 613-685-5536 ext. 2021
www.petawawa.ca

NUMBER 20**Speakers' Bureau**

The Community Living Speakers' Bureau is available for speaking engagements at your community club, classroom, event or organizational meeting. Our speakers deliver their own, personal stories, that will leave you feeling inspired. Contact Connie Edwards for more information.
Phone: 613-735-0659
cedwards@cluov.ca

NUMBER 21**English Second Language**

Adult English Second Language courses are available throughout Renfrew County. Gain confidence in English and technology with these free courses. Offered through the Renfrew County District School Board.

Phone: 613-732-8740
continuingeducation@rcdsb.on.ca

NUMBER 22**Ottawa Valley Business**

Subscribe for free to Ottawa Valley Business, the region's business newsletter. Tenders, business news and information, events, marketing, HR and more. Emailed twice a month
admin@ovbusiness.com

NUMBER 23**Skylight Drive-In**

Visit our website to see our upcoming movies. Open every night until October 10th. \$20 per carload.
199 Forest Lea Road, Pembroke
www.skylightdrivein.com

NUMBER 24**Home Decor & More**

Runge Stationers is your local place for Canadian-made furniture. We are so proud to work with some really great suppliers on our home turf and look forward to bringing you affordable and well-made products for your homes, cottages and more. Stop in and see us. Plenty of parking.
243 Pembroke St. W., Pembroke
Phone: 613-735-6827

NUMBER 25**Get Your High School Diploma**

The Renfrew County District School Board offers a prior learning assessment recognition (PLAR) for people to apply life education to achieve their high school diploma. Based on the knowledge and skill you have acquired since high school.

Contact us for more information on this free service. Available throughout Renfrew County.
Phone: 613-735-0151 ext.3325
continuingeducation@rcdsb.on.ca

NUMBER 26**Future Entrepreneurs**

Are you aged 18-39 and ready to start your own business? If so, Futurpreneur Canada can help bring a business idea to life! From pre-launch to growth and expansion, we support you throughout the life-cycle of your businesses with pre and post-launch coaching, financing, and more. Small Business Advisory Centre in Smiths Falls.
Phone: 613-283-7002 ext. 108
www.smallbizcentre.ca

NUMBER 27**Healthy Frozen Meals**

Looking for an easy meal option that is homemade and healthy? Try frozen meals at Griffith Farm & Market. Shepherd's Pie, Roast Pork, Roast Beef, Macaroni and Cheese, Cabbage Rolls, Lasagna Rolls and more. Visit our website for the list. You can purchase online or call us!
Phone: 613-757-3659
www.griffithfarm.ca

NUMBER 28**Eastern Ontario Jobs**

If you're looking for a great lifestyle, room to roam and the opportunity to be part of a thriving business community, take a look at job opportunities at Eastern Ontario Jobs. One link to great careers in the region.
www.facebook.com/eojobs
www.easternontariojobs.com

AUGUST EVENTS**NUMBER 29****August 18, 2021**

Discovering Apprenticeship. Live workshop delivered virtually by ontrac Employment Resource Services. 1:30pm-2:00pm. Learn what steps to take to start your career in the trades. Open to anyone. Free.
Phone: 613-283-6978
smithsfalls@getontrac.ca

NUMBER 30**August 20-26, 2021**

Skylight Drive-In. Raya and the Last Dragon (8:15pm) and Jungle Cruise (10:20pm). \$20 per carload.
199 Forest Lea Road, Pembroke
www.skylightdrivein.com

NUMBER 31**August 21, 2021**

Deep River Public Library's Library Fair. 11:00am-3:00pm. Book sale, merchandise table, take and make kits for all ages, pop-up library, amnesty returns and more.
55 Ridge Road, Deep River
info@deeperiverlibrary.ca

NUMBER 32**August 21, 2021**

Craft & Vendor Show at the Horton Community Centre. 8:00am-1:00pm. Vendors can register for an outdoor space by contacting Sharon Bennett. Social distancing and COVID-19 protocols will be in place.
1005 Castleford Road, Renfrew
sharon.bennett2019@outlook.com

NUMBER 33**August 21, 2021**

Madawaska Valley Public Library's 60th anniversary celebration. Outdoor reception with food and fun to celebrate 60 years in the community. Everyone is welcome. 1:00pm-3:00pm.
19474 Opeongo Line, Barry's Bay
www.madawaskavalleylibrary.ca

NUMBER 34**August 22, 2021**

Jason Blaine Country Girl Women's Golf Day. 9 holes of golf and a cart, snacks or beverages on every hole plus a swag bag for every golfers. \$100 per player. Tee times from 1:30pm-4:30pm. Register in advance. Sponsor for \$600 and get your message in front of women.
Phone: 613-312-7824
jenn@fwdthink.net

NUMBER 35**August 25-26, 2021**

Fall-Winter Community Registration and Information Night in Deep River. 5:00pm-8:00pm both nights. Classes, programs and drop-in activities for all age levels.
Phone: 613-584-2000 ext.103
carmstrong@deeperiver.ca

NUMBER 36**August 26, 2021**

Blood Donor Clinic at the Civitan Club. 500 Almonte Street in Almonte. Book online at www.blood.ca

NUMBER 37**August 27, 2021**

Our Lady of Fatima Parish Drive-Thru Bake Sale Fundraiser. 2:00pm-5:00pm. Bake sale in the church parking lot with pick-up. Pre-orders are required by August 23rd. All desserts are ready-to-serve or freezer ready. 3 for \$20: Apple Crisp, Apple Raisin Cake, Queen Elizabeth Cake, Wacky Cake, Mayo Chocolate Cake, Date Squares and Banana Cake. Gluten-free 3 for \$20 are: Apple Crisp, Queen Elizabeth Cake, Date Squares and Quinoa Cake.
Phone: 613-732-8313

NUMBER 38**August 27-29, 2021**

Art Works Perth Studio Tour. Art Works! Perth organization was found as a way for local artists to connect with and support each other, and to provide ways to display their art to the world. Visit our website for details.
www.artworkspertth.ca

NUMBER 39**August 27-September 2, 2021**

Skylight Drive-In. Jungle Cruise (8:00pm) and Cruella (10:20pm). \$20 per carload.
199 Forest Lea Road, Pembroke
www.skylightdrivein.com

NUMBER 40**August 28, 2021**

Stafford Party in the Park. 10:00am-2:00pm. Free to attend. Bouncy castle, slip and slide, fire department truck, music, junior gardeners, splash pad, play structures, BBQ lunch and more. Free to attend. Masks must be worn during this event. Come out for a fun time!
Stafford Recreation Centre
641 Third Avenue, Pembroke

NUMBER 41**August 28, 2021**

Cobden Agricultural Society Trivia Tour & Poker Run. \$40 per car load. Drive around Whitewater and Admaston Bromley townships visiting 10 stops and answering five trivia questions at each stop. Cash prizes for 1st and 2nd place teams. Start at the Cobden Ag Hall at 12:00pm. Sign up for the Poker Run for an additional \$10. Phone: 613-281-5226
blhamilton@hotmail.ca

NUMBER 42**August 28, 2021**

Cobden Fair BBQ. Hamburgers and sausages from Uncle Jim's Meat Market and French fries from The Chip Pit in Cobden. Meal includes a hamburger, sausage or hot dog, French fries or poutine and a drink for only \$15. Pick up at the Cobden Fairgrounds. 4:00pm-7:00pm.

NUMBER 43**August 28, 2021**

End of Summer Book Sale. St. Andrew's United Church. 9:00am-3:00pm. Fundraiser by the lake. 1044 Madawaska Street, Calabogie. Proceeds raised will go to the Greater Madawaska Public Library and Learning Centre. Phone: 613-752-2317
gmpl@bellnet.ca

NUMBER 44**August 28, 2021**

The NU 2 U Shop is closing in Greater Madawaska. Huge yard sales and fill a box for \$5.00. BBQ on site. 10:00am-4:00pm. Several Saturdays this fall. Proceeds go to the Greater Madawaska Seniors Housing Corporation. Come out for some great deals and support a great cause.
25991 Highway 41, Griffith

NUMBER 45**August 28-29, 2021**

An Evening of Pop Up Plays by the Studio Theatre. 10-minute plays that "pop up" all over town. Nine plays at nine outdoor locations. First round is 10:00am to 2:00pm. Second round is 1:30pm to 5:30pm. All performances with walking distance. \$20 ticket. Phone: 613-485-6434
www.ticketsplease.ca

NUMBER 46**August 29, 2021**

Whitewater Forge Outdoor Market. 11:00am-4:00pm. Special guest vendors include Creating Some Happiness and WhatchaMcCallum's. A wide variety of hand-forged items and more than \$150 in prizes to be given away.
3405 McLaughlin Road, Beachburg
www.whitewaterforge.ca

NUMBER 47**August 31, 2021**

Madawaska Valley Association For Community Living presents Music in the Park, featuring Jeremy De Freitas. Barry's Bay Train Station. Free admissions. 6:00pm-8:00pm.

NUMBER 48**August 31, 2021**

Golden Age Activity Centre Bake Sales. 10:00am-3:00pm. Come pick up some great baked goods! Have baked goods to donate? Call for information - we welcome donations. Phone: 613-431-8289
www.renfrewhomesupport.ca

SEPTEMBER EVENTS**NUMBER 49****September 1, 2021**

Registration day for fall programs for the Town of Renfrew. Registration begins at noon and is available online or in person at the recreation centre.
www.renfrew.ca

NUMBER 50**September 1, 2021**

Car Bingo at the Almonte Fairgrounds. Gates open at 5:30pm. Bingo starts at 7:00pm. Must be age 18 or older. \$15 to play. Contact Debbie for more information. Phone: 613-253-6516
www.almontefair.ca

NUMBER 51**September 2, 2021**

Final day to register for the Community Living Upper Ottawa Valley 25th anniversary golf tournament! Held at the Oaks of Cobden Golf Course. \$100 includes 18 holes of golf and cart, lunch and a swag bag full of goodies! Register today as a foursome, twosome or single. Phone: 613-735-0659 ext.101
adesrochers@cluov.ca

NUMBER 52**September 3-5, 2021**

Sundance Artisan Festival. Includes contemporary and traditional artists, local farm to plate cuisine and musical entertainment. The festival takes place at one venue. 10:00am-5:00pm for the first two days. 10:00am-3:00pm for the final day. Corner of Highway 7 and Country Road 36.
sundanceartisanshow@gmail.com
www.sundancestudio.ca

NUMBER 53**September 4, 2021**

Camp Lau-Ren Open House. 11:00am-2:00pm. Take a tour of the site. Co-ed camps for ages 6-15. Camp Lau-Ren is accredited by the Ontario Camps Association. All children are welcome. See you at Camp Lau-Ren. 201 Lau-Ren Road, Laurentian Hills. 10km west of Deep River
Phone: 613-294-0203
www.camplau-ren.com

NUMBER 54**September 6, 2021**

The Community Living Speakers' Bureau is available for speaking engagements at your community club, classroom, event or organizational meeting. Our speakers deliver their own, personal stories, that will leave you feeling inspired. Contact Connie Edwards. Phone: 613-735-0659
cedwards@cluov.ca

NUMBER 55**September 7, 2021**

Beginner Line Dancing Classes with instructor, Valerie Penno. \$10 for 10 classes. Tuesdays 7:00pm-8:00pm. Begins September 9th at the Murray Yantha Community Centre, 2473 Russett Drive. Phone: 613-282-9506
jfraser@mcnabbraeside.com

NUMBER 56**September 8, 2021**

It's myFM golf day at the Pembroke Golf Club. Pay just \$10 per person plus a golf cart. Book tee time with the club. Phone: 613-732-1665 ext.226
www.pembrokegolfclub.com

NUMBER 57**September 9-12, 2021**

Renfrew Fair. An exciting four days with activities such as livestock shows, beef and dairy shows, heavy and light horse shows, 4-H and interclubs, swine and lamb and many more livestock events, Exhibits, art, domestic science, Women's Institute displays, floriculture, fruit, vegetables, junior classes, needlework and so much more.
www.facebook.com/renfrewfair
www.renfrewfair.com

NUMBER 58**September 11, 2021**

St. Andrew's United Church Fish Fry Drive By in Pakenham. Curbside pick-up only 4:00pm-7:00pm. Fish and fries from Mundell's Surf & Turf, corn, coleslaw and homemade cookie. Order in advance. Adults \$17 (2 pieces). Children \$10 (1 piece). Phone: 613-410-8990

NUMBER 59**September 11, 2021**

Montague Fire Department Annual Pit Barbeque. BBQ beef and pork dinner. 5:00pm-7:00pm. Delivery available. \$20. Children 12 and under free. 657 Rosedale Road South, Montague
Phone: 613-283-7478
admin@township.montague.on.ca

NUMBER 60**September 11, 2021**

Arnprior Legion Roast Beef Dinner. 4:00pm-6:00pm. Roast beef, mashed potatoes, gravy, vegetables, bun and carrot cake. Dine in or take out. \$20. 49 Daniel Street North, Arnprior. Phone: 613-623-7482
br174office@gmail.com

NUMBER 61**September 11, 2021**

Madawaska Valley Fish & Game Club presents an ATV Poker Run. Registration at 10:00am at the clubhouse, 3380 Quadeville Road, Quadeville. Food available along the trail. Call Iris to register at 613-758-2851.
www.facebook.com/madawaska_valleyfishandgameclub

NUMBER 62**September 13, 2021**

It's myFM golf day at Whitetail Golf Club. Pay just \$10 per person plus a golf cart. Book your tee time with the club. Phone: 613-628-3774
www.whitetailgolfclub.com

NUMBER 63**September 15, 2021**

Jason Blaine Charity Golf Tournament & Concert. Held at the Pembroke Golf Club. Raising money for local initiatives in the community. (Event is sold out.) You can still donate at
www.givingthatgrows.com

NUMBER 64**September 17, 2021**

Be part of our 25th anniversary golf tournament! Held at the Oaks of Cobden Golf Course. \$100 includes 18 holes of golf and cart, lunch and a swag bag full of goodies! Register today as a foursome, twosome or single. Phone: 613-735-0659 ext.101
adesrochers@cluov.ca

NUMBER 65**September 17, 2021**

Today is the deadline to book into the fall edition of Health Matters Magazine. Be part of a popular regional magazine, read by thousands of people! Not sure how to be part of the issue? Talk to us. Issue distributes the week of October 12th.
www.facebook.com/healthmattersmag

NUMBER 66**September 17-18, 2021**

A September to Remember - Music and Craft Beerfest in Petawawa. September 17 has Ty Hall and Fuso performing for a limited audience. September 18 has afternoon performances with Spencer Scharf and Logan Brown; evening performance with Blakdenim and Amos the Transparent. Tickets required. Must be age of majority. Phone: 613-687-5678
www.petawawa.ca

NUMBER 67**September 18, 2021**

Cobden Legion Golf Tournament. \$95 per person includes 18 holes, cart, 50-50 ticket and BBQ at the Legion. 11:00am shotgun start. Held at the Oaks of Cobden Golf Course. Phone: 613-646-7914
cobdenlegion550@gmail.com

NUMBER 68**September 18, 2021**

Purrfect Putts Charity Golf Tournament. Calabogie Highlands Golf Resort. 18-hole mixed scramble. All skill levels are welcome. \$100 per golfer includes golf, cart, BBQ and opportunities for many prizes. Funds in support of the Calabogie Animal Rescue. Phone: 613-752-1234
calabogieanimalrescue@gmail.com

NUMBER 69**September 19, 2021**

Rockabilly Joe event for children is happening September 19. Joey's performance is full of comedy, juggling and acrobatics with a rockability vibe. Audience participation is encouraged. Event is free but requires registration to limit participation to 100. Two performances at 11:00am and 1:00pm. Phone 613-687-5678
www.petawawa.ca

NUMBER 70**September 20, 2021**

Federal Election Day. Register to vote at www.elections.ca

NUMBER 71**September 21, 2021**

Blood Donor Clinic at Royal Canadian Legion Branch 148. 30 Raglan Street South in Renfrew. Book online at www.blood.ca

NUMBER 72**September 22, 2021**

Community Living Upper Ottawa Valley AGM. Held at the Skylight Drive-In. 7:00pm start. Movie and guest speaker to be determined. Free to attend, just register in advance. Phone: 613-735-0659 ext.101
adesrochers@cluov.ca

NUMBER 73**September 22, 2021**

Blood Donor Clinic at Royal Canadian Legion Branch 95. 7 Main Street East in Smiths Falls. Book online at www.blood.ca

NUMBER 74**September 23, 2021**

National Peace Officer's Memorial Run. 21 runners are participating in an 18km run between Pembroke and Petawawa to honour fallen officers. Starts at the Pembroke amphitheatre, along Algonquin Trail and finishes at Petawawa Legion.

NUMBER 75**September 23, 2021**

Downtown Renfrew presents That Harvest Night. Featuring live music, in-store sales, food and drinks, door prizes and more. 4:00pm-9:00pm. Come stroll Downtown Renfrew!
www.downtownrenfrew.ca

NUMBER 76**September 23, 2021**

Blood Donor Clinic at Grace Lutheran Church. 14 Bonnechere Street West, Eganville. Book online at www.blood.ca

NUMBER 77**September 25, 2021**

Slo-Pitch For Autism. Civic Centre Diamonds in Petawawa. Register in advance. \$400 per team. Visit our website for more information and events.
ritch@slopitchforautism.net
www.spfacanada.ca

NUMBER 78**September 25-26, 2021**

National Alpaca Farm Days 2021! Join us at Forest Cove for all things Alpaca - Farm Tour, Meet the Alpacas and Crias, Shop for Alpaca Fleece products, and engage in Alpaca-Talk! Everyone is welcome! Open both Days 10:00am-4:00pm, See you at Forest Cove Alpacas. 32129 Highway 17, Chalk River
www.forestcovefarm.ca

NUMBER 79**September 26, 2021**

Valley Animal Rescue Wag 'n Walk. 11:00am-2:00pm rain or shine. 1km and 3km walks available. Pets are welcome. BBQ until 2:00pm. Pledge sheets available. Indoor vendors on site. This event is hosted by Fractured Crow Studio. 982 Fraser Road, Renfrew
valleyanimalrescue@hotmail.com

NUMBER 80**September 27, 2021**

It's myFM golf day at Homestead at Wolf Ridge Golf Club in Killaloe. Pay just \$10 per person plus a golf cart. Book your tee time with the club. Phone: 613-757-1818
www.homesteadgc.com

NUMBER 81**September 27, 2021**

Blood Donor Clinic at the Civitan Club of Perth. Highway 43 (Craig Street) in Perth. Book online at www.blood.ca

NUMBER 82**September 30, 2021**

National Day for Truth and Reconciliation. A federal statutory holiday.

OCTOBER EVENTS**NUMBER 83****October 1, 2021**

It's National Seniors Day! Griffith Farm & Market reminds all seniors to join their local seniors' association and stay connected this fall. You can order our frozen meals with seniors' groups across Renfrew County and Bancroft.
www.griffithfarm.ca

NUMBER 84**October 1-3, 2021**

Madawaska Valley Studio Tour. 10:00am-5:00pm daily. Visit artists in their studios, view and purchase unique art and fine craft. Delight in the opportunity to watch demonstrations and discover how wood, clay, metal, fabric, glass and canvas transform in the makers' hands. Free, self-guided tour.
www.madawaskastudiotour.com

NUMBER 85**October 3-9, 2021**

Layman Fire & Safety reminds everyone this is Fire Prevention Week. It's a great reminder to check your fire extinguishers and smoke detectors, create your home's fire escape plan and review fire tips and resources at www.nfpa.org
www.laymanfireandsafety.com

NUMBER 86**October 8, 2021**

Watch for your copy of the Fall edition of Health Matters! We are distributing starting today throughout Renfrew and Lanark Counties. Watch our Facebook page for distribution updates.
www.facebook.com/ovhealth

NUMBER 87**October 11, 2021**

Happy Thanksgiving from the staff at Runge Stationers in Downtown Pembroke. Looking to refresh some fall decor? Visit us for sofas, chairs, women's accessories, home decor items, artwork, lamps and more. We can help update or totally transform your home. Open Monday-Friday, 8:30am-5:00pm. 243 Pembroke St.W., Pembroke Phone: 613-735-6827

NUMBER 88

October 12, 2021

Blood Donor Clinic at Germania Club. 15 Bennett Street, Pembroke. Book online at www.blood.ca

NUMBER 89

October 14-15, 2021

Menopause The Musical at Festival Hall in Pembroke. An All Star Canadian Cast makes fun of their hot flashes, night sweats, mood swings, wrinkles, not enough sex, too much sex, chocolate binges and a whole lot more. \$40.50 balcony or \$49.50 main floor plus HST and ticketing fees.

www.festhall.ca

NUMBER 90

October 14-17, 2021

Are you ready to Ramble? The 3rd Annual Petawawa Ramble in Petawawa is featuring a self-guided tour of pumpkin folks displays is back for October 14-17, 2021. Come see our dynamic autumn nature. There are many community events planned as part of the Ramble so be sure to check out our website for all the details.

www.petawawa.ca

NUMBER 91

October 15, 2021

Last day to book into 101 Things to Do in the Valley: November-December 2021 edition. Promote your event, sale, notice or fundraiser for just \$25 plus HST. Or, book five listings for \$100 plus HST. List publishes Oct. 19. 101things@travellourbackyard.com

NUMBER 92

October 15, 2021

It's myFM golf day at the Renfrew Golf Club in Renfrew. Pay just \$10 per person plus a golf cart. Book your tee time with the club.

Phone: 613-432-2485

www.renfrewgolf.com

NUMBER 93

October 17-23, 2021

It's Small Business Week across Canada! Celebrate small business by visiting them this week.

NUMBER 94

October 17-23, 2021

Happy Small Business Week to all of our fellow small businesses in Downtown Pembroke and the area. It has been a difficult year for many and a reminder of how important entrepreneurship and small business truly is in our community. Thanks to everyone for working hard during these challenging times.

runge@nrtco.net

www.rungestationers.ca

NUMBER 95

October 20, 2021

Walk the Runway at the Pembroke & Area Airport. Starts at 4:00pm or wait until dusk and walk with the runway lights! It's a neat experience to be on the runway and funds raised support our repaving campaign. \$20 adult. . \$10 age 12 and under. Register in advance.

Phone/Text: 613-312-7824

www.flycyta.ca

NUMBER 96

October 22-24, 2021

Burnout Boot camp is a retreat to help healthcare workers recover from the burnout of being on the front lines during this pandemic. Held at the Canadian Ecology Centre in Mattawa. Visit www.allevents.in and search Mattawa.

NUMBER 97

October 25, 2021

It's myFM golf day at the Renfrew Golf Club in Renfrew. Pay just \$10 per person plus a golf cart. Book your tee time with the club.

Phone: 613-432-2485

www.renfrewgolf.com

NUMBER 98

October 27, 2021

The Stampeders in concert at Festival Hall in Pembroke. 7:30pm-9:30pm. Celebrating 50 years in concert. Reserved seating tickets for The Stampeders are \$66.50 (tax and facility fees included, service charges extra). www.facebook.com/613FestivalHall

Phone: 613-735-2182

www.festhall.ca

NUMBER 99

October 29, 2021

Pembroke Symphony Orchestra presents "Halloween & Beethoven" at Festival Hall in Pembroke. With Frederic Lacroix performing Beethoven piano concerto #3. 7:00pm. www.facebook.com/613FestivalHall

www.festhall.ca

NUMBER 100

October 30, 2021

Kiss Destroyer Live with special guest Sierra Levesque at Festival Hall in Pembroke. Tribute to KISS is one of the longest running KISS Tribute Bands in Canada. Opening up is Sierra Levesque, multi talented and full of energy - our local girl! \$38.50 plus HST and ticketing fees.

www.facebook.com/613FestivalHall

www.festhall.ca

NOVEMBER EVENTS

NUMBER 101

November 9, 2021

Blood Donor Clinic at Petawawa Civic Centre. 16 Civic Centre Road in Petawawa. Book online at www.blood.ca

UPCOMING ISSUES

November-December
2021 Edition

Publishes:

October 19, 2021

Deadline:

October 15, 2021

Send your submissions or
email questions to:

101things@travellourbackyard.com

